

How:

For resources, human and material, or to get help with planning an event, contact the Congregational Development Officer

or

DIY

You're entirely free to plan and organise your own Reflection for Action but please do let the Congregational Development Officer know what you're doing so that we can all learn from each other.

Contact

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Development Officer**

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or

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***Reflection for
Action***

your guide to Year 4
of
Building the Vision



Diocese of Argyll & The Isles

Reflection for Action

Our Year of Reflection for Action invites us both individually and as congregations to deepen our spiritual practice to underpin and direct our mission. We can undertake this in a variety of ways – it's up to us. Here you will find three possible activities for which the diocese can offer materials and leaders.

Theological reflection needs to become a habit in all of us if we are to become missionaries of the Gospel in daily life.

Canon Anne Tomlinson

1 THEOLOGICAL REFLECTION:

What:

Engaging with a Scripture passage in order to reflect on our experience as Christians in our daily life.

Submitting our congregational plans and ideas to the discipline of prayer and scripture reflection.

Who:

for everyone, guided by your local priest/leader or an invited visitor

2 QUIET DAYS AND RETREATS

What:

Quiet day: a day to come together for a time of quiet prayer and reflection guided by an experienced leader.

Retreat: a residential parish retreat arranged by your priest and vestry.

(Either of these could be combined with Option 1)

3 SPIRITUAL ACCOMPANIMENT

What:

For those individuals seeking to deepen their prayer life or explore their journey as Christians in regular conversation with a spiritual companion or director.

Who:

The diocese has access to a number of volunteers trained in spiritual accompaniment. Contact the Congregational Development Officer to be put in touch with a possible volunteer. Talk to your priest for initial advice or discussion.

